



# Urban Stream Restorations along a chronosequence: floodplain carbon and nutrient retention

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**Chesapeake Bay Program**  
Science. Restoration. Partnership.



# Chesapeake Bay Watershed Agreement

Beyond 2025 Revision DRAFT

Released for PUBLIC FEEDBACK

July 1 – September 1, 2025

### Stream Health Outcome



RECENT PROGRESS  
**INCREASE**  
Updated July 2023



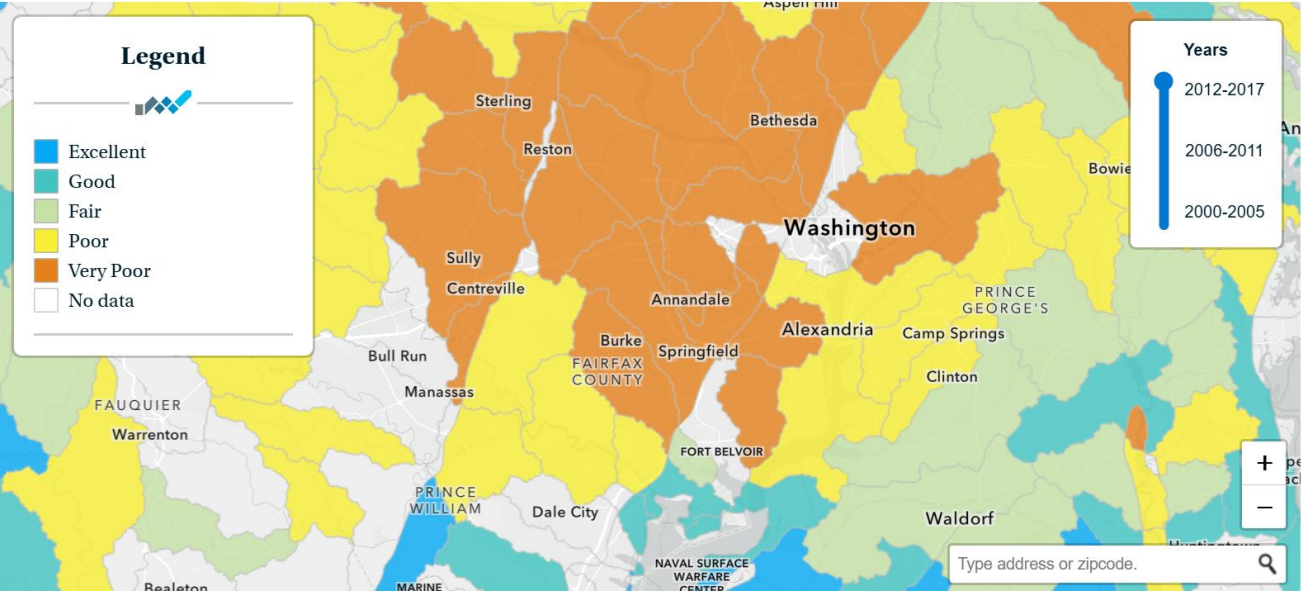
OUTLOOK  
**ON COURSE**  
Updated July 2023



### Stream Health Ratings



### Stream Health Ratings



## Does Stream Restoration Really

# Researchers Ask: “How Effective Are Stream Restoration Projects?”

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 Les Knapp -  November 4, 2016 -  Environment

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NEWS

*Conduit Street*

## Stream Restoration in Alexandria Attracts a Deluge of Controversy

**Vernon Miles** February 1, 2021 at 1:30pm

*ALXnow*



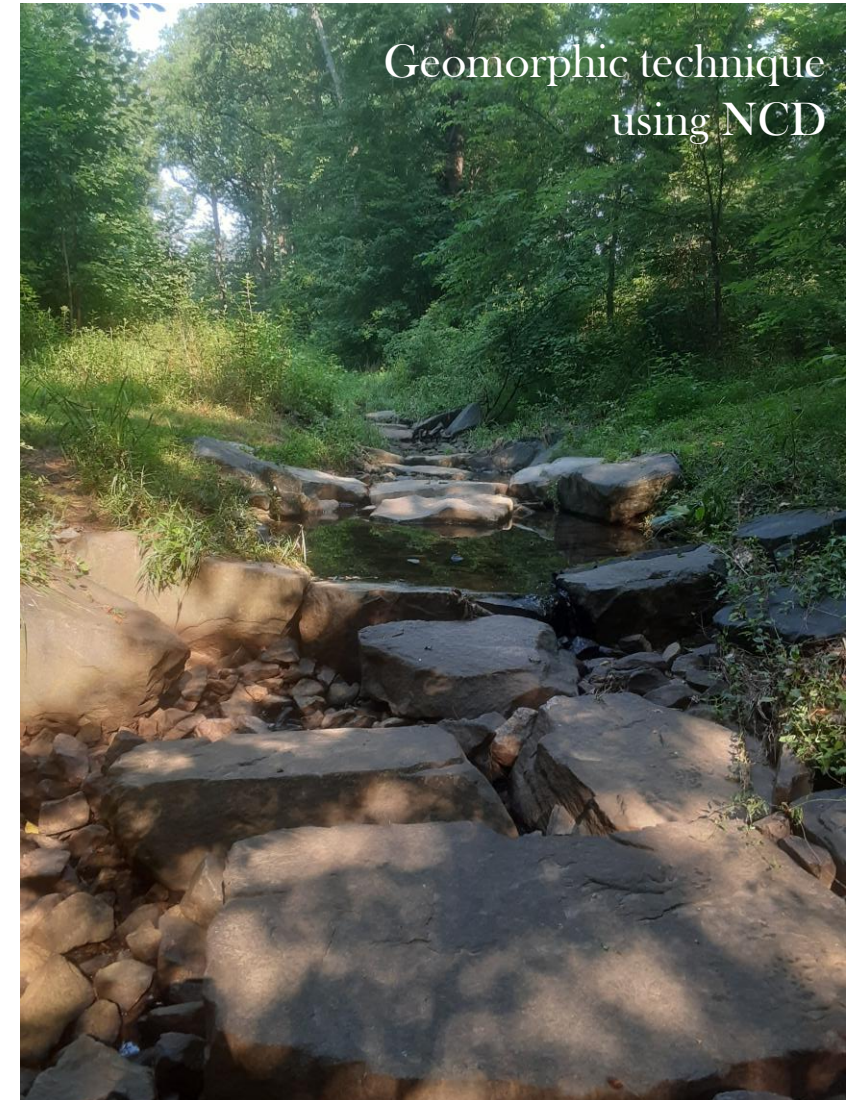
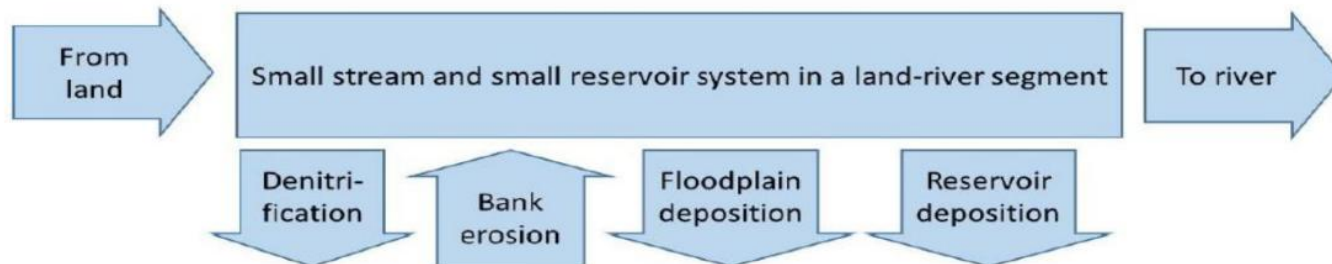
# Research Purpose

To better understand of how stream restoration changes floodplain soils over time:

*...Are completed stream restoration floodplains significantly different from those unrestored urban sites? How does a 10-year-old site compare to a brand-new restoration?*

- Carbon and nutrient **retention**
- Potential avenues of carbon and phosphorus **loss**
- Local soil characteristics

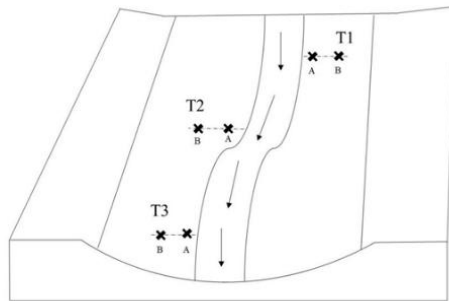
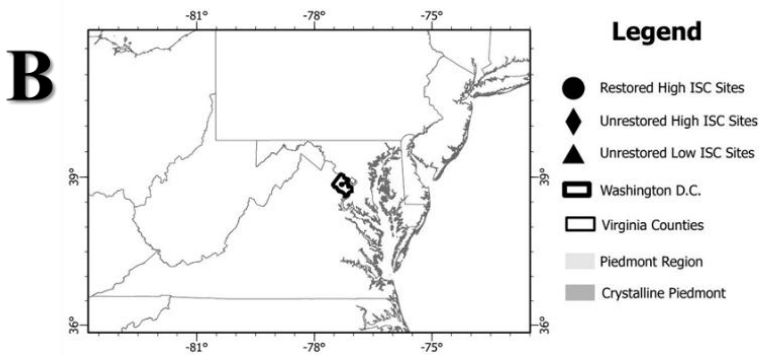
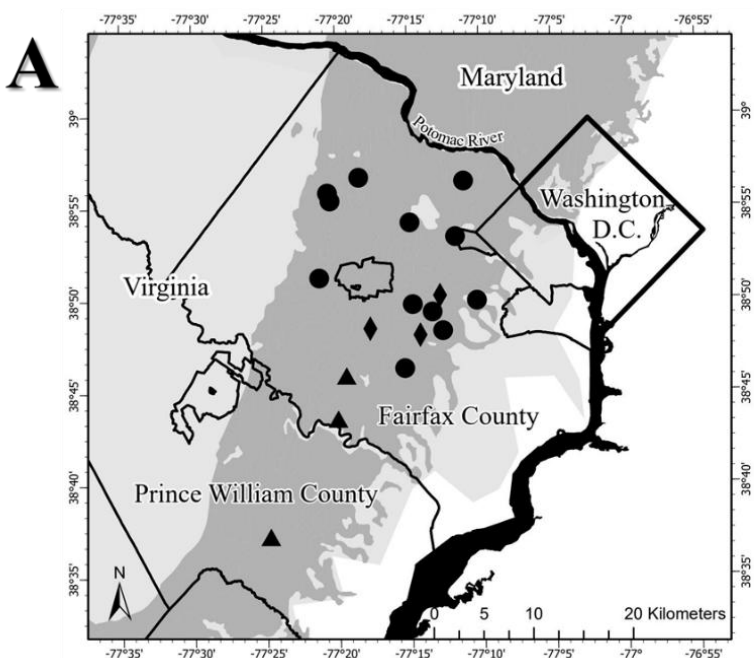
**Figure 22.** Processes Represented in Phase 6 Model Stream to River Deliver (CBP, 2018)







# Site Selection and Methods







# Key Results - Time Since Restoration Does Influence Retention

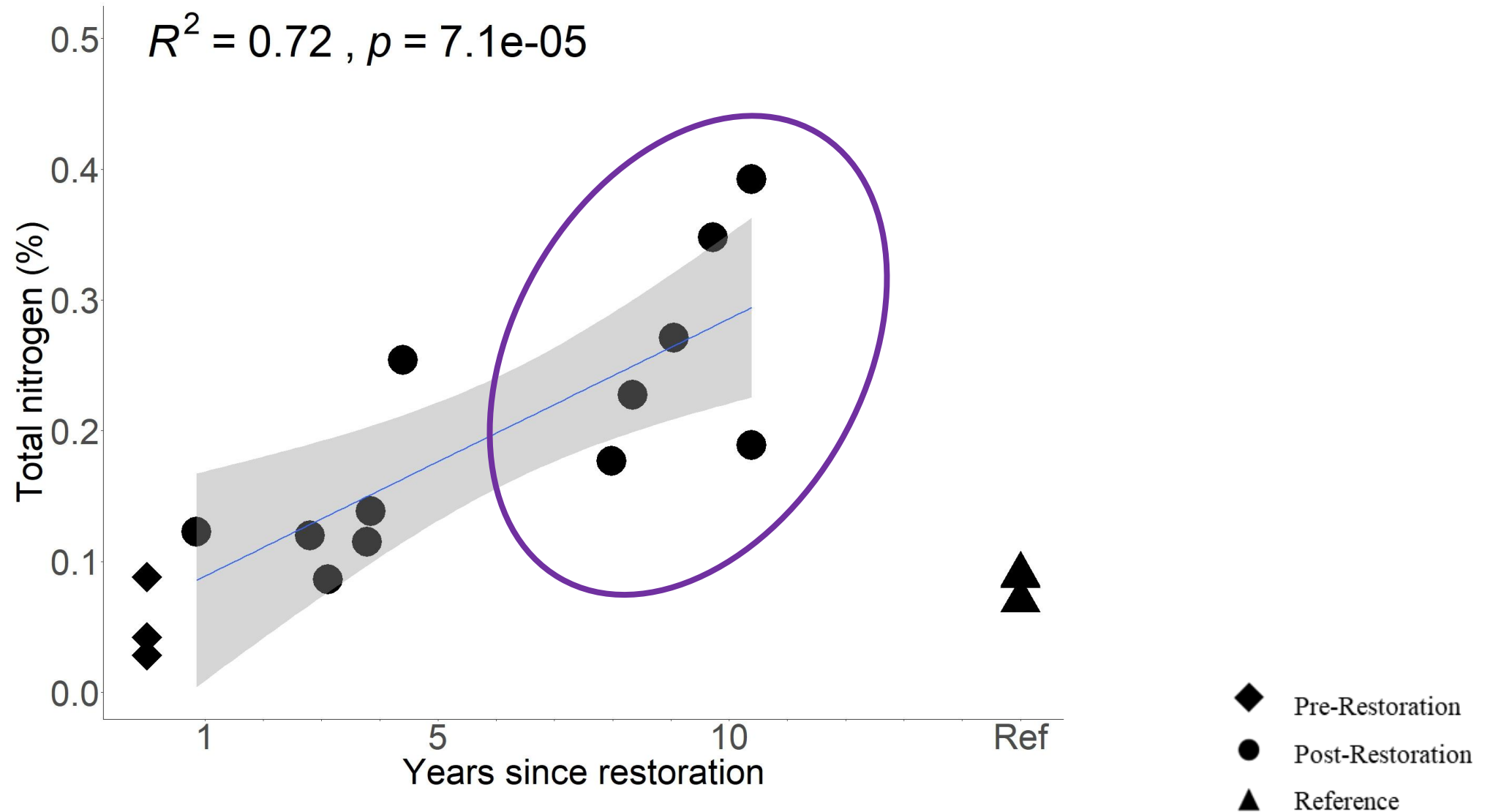
| Linear Model                               | DF | Adjusted R <sup>2</sup> | F-statistic | p-value  |
|--------------------------------------------|----|-------------------------|-------------|----------|
| TC ~ years since restoration               | 13 | 0.730                   | 38.93       | <0.001 * |
| TN ~ years since restoration               | 13 | 0.694                   | 32.71       | <0.001 * |
| TP ~ years since restoration               | 13 | 0.596                   | 21.61       | <0.001 * |
| C Turnover~ years since restoration        | 13 | 0.410                   | 10.72       | 0.006*   |
| EPC <sub>0</sub> ~ years since restoration | 13 | -0.075                  | 0.02        | 0.888    |

# C-N-P Retention Increased With Time Since Restoration



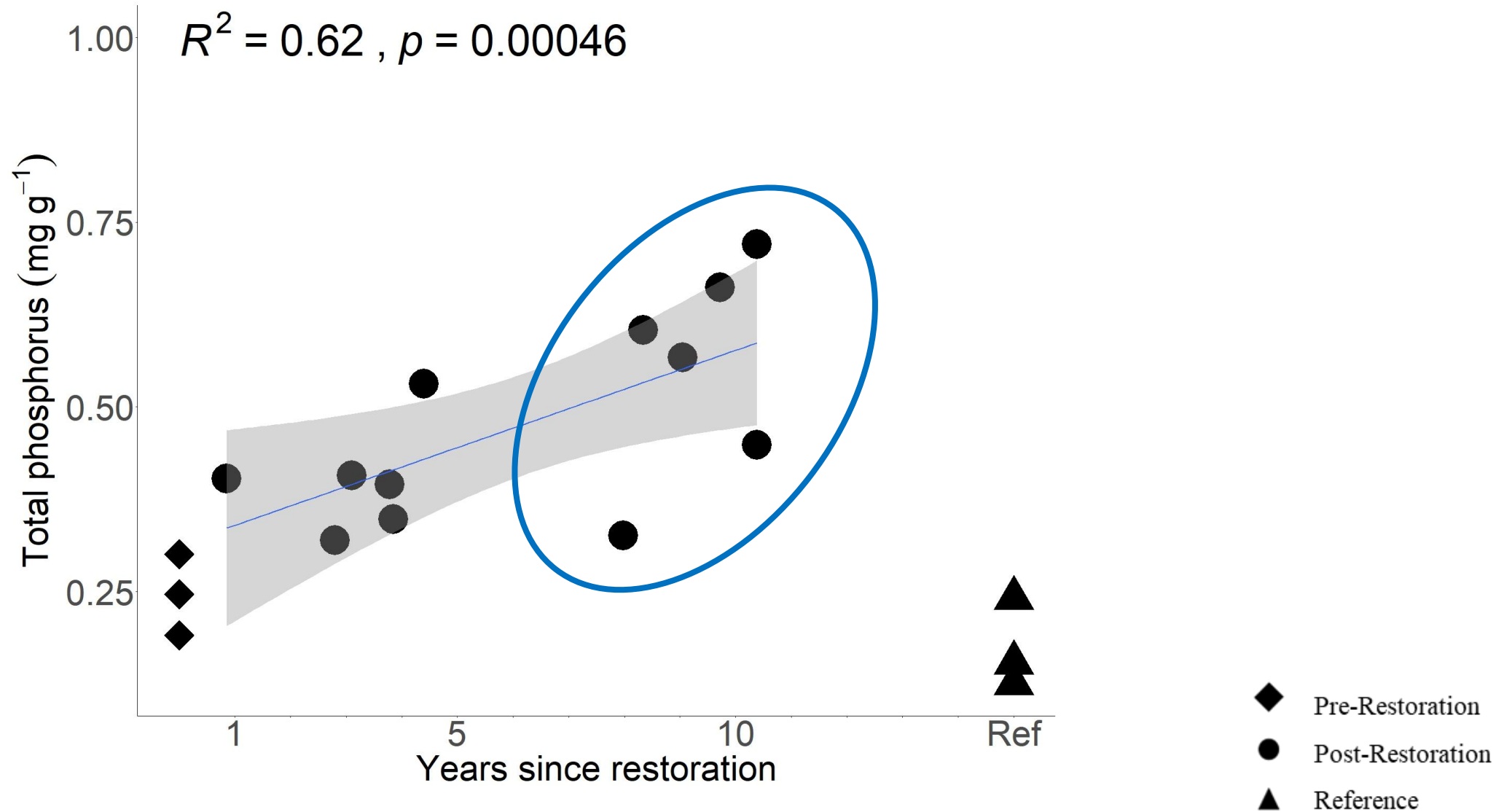


# C-N-P Retention Increased With Time Since Restoration



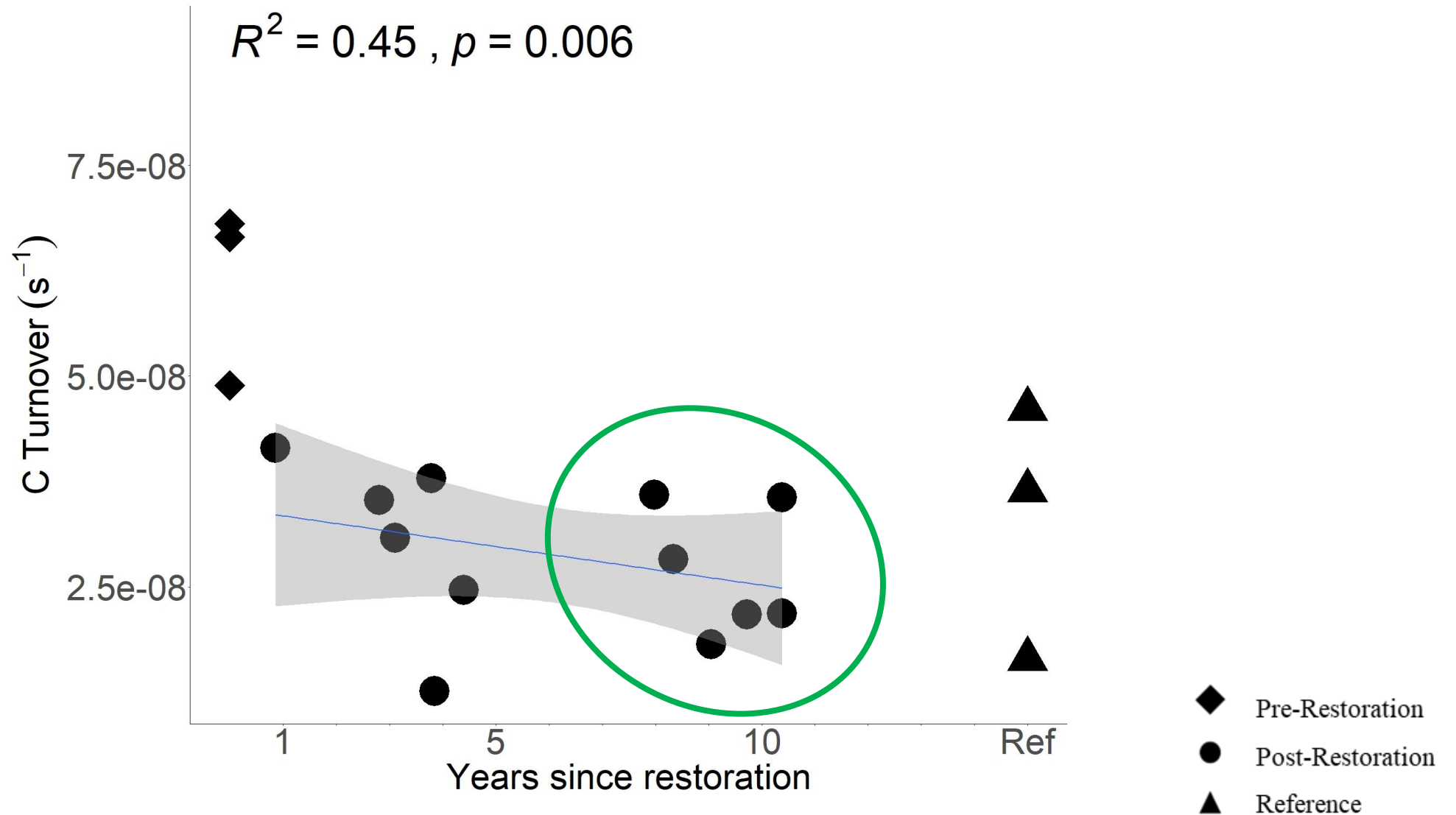


# C-N-P Retention Increased With Time Since Restoration

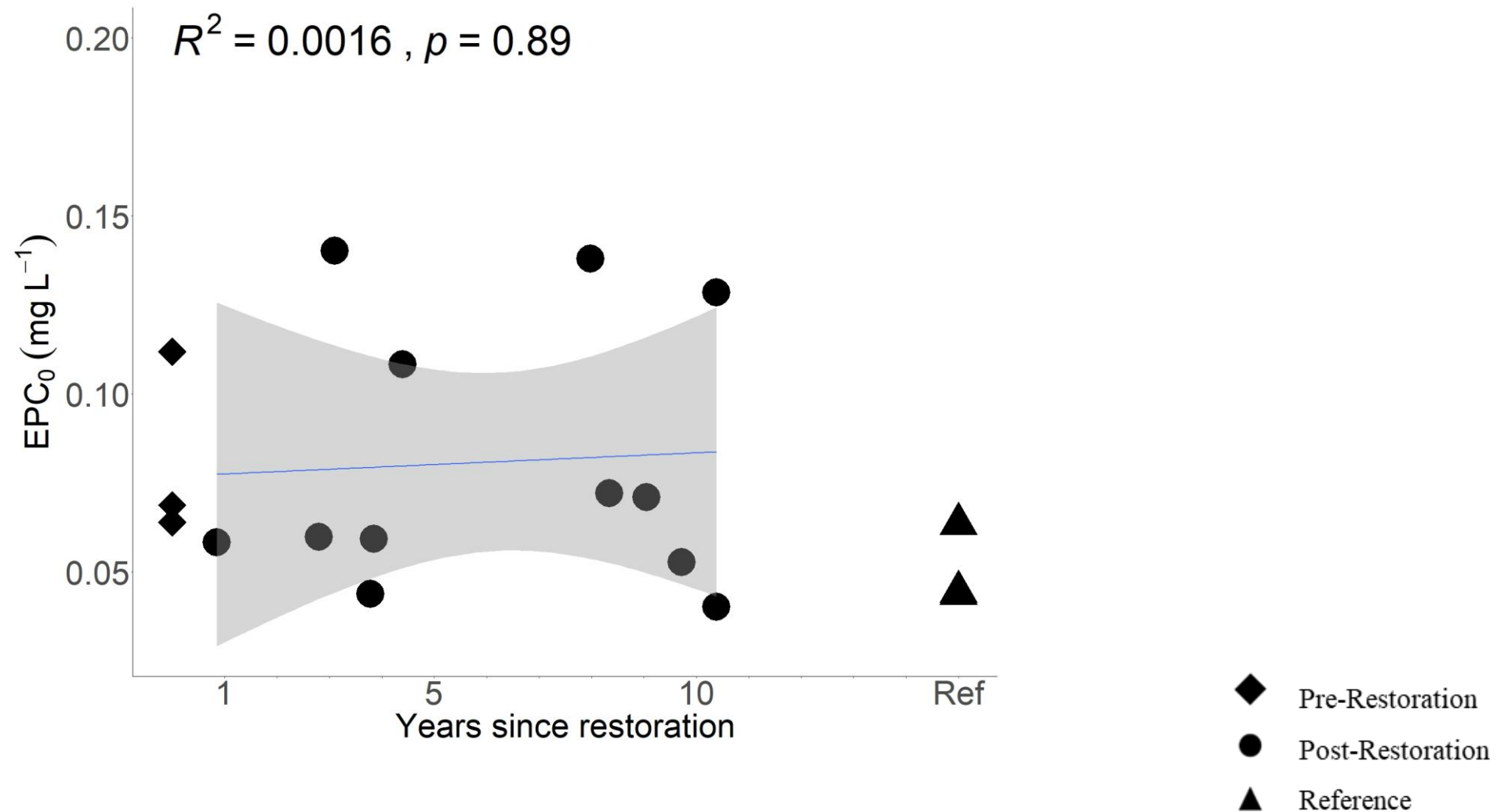




# Carbon Turnover Rates Decreased With Time Since Restoration



# Equilibrium Phosphorus Concentration Was Not Impacted by Restoration Time





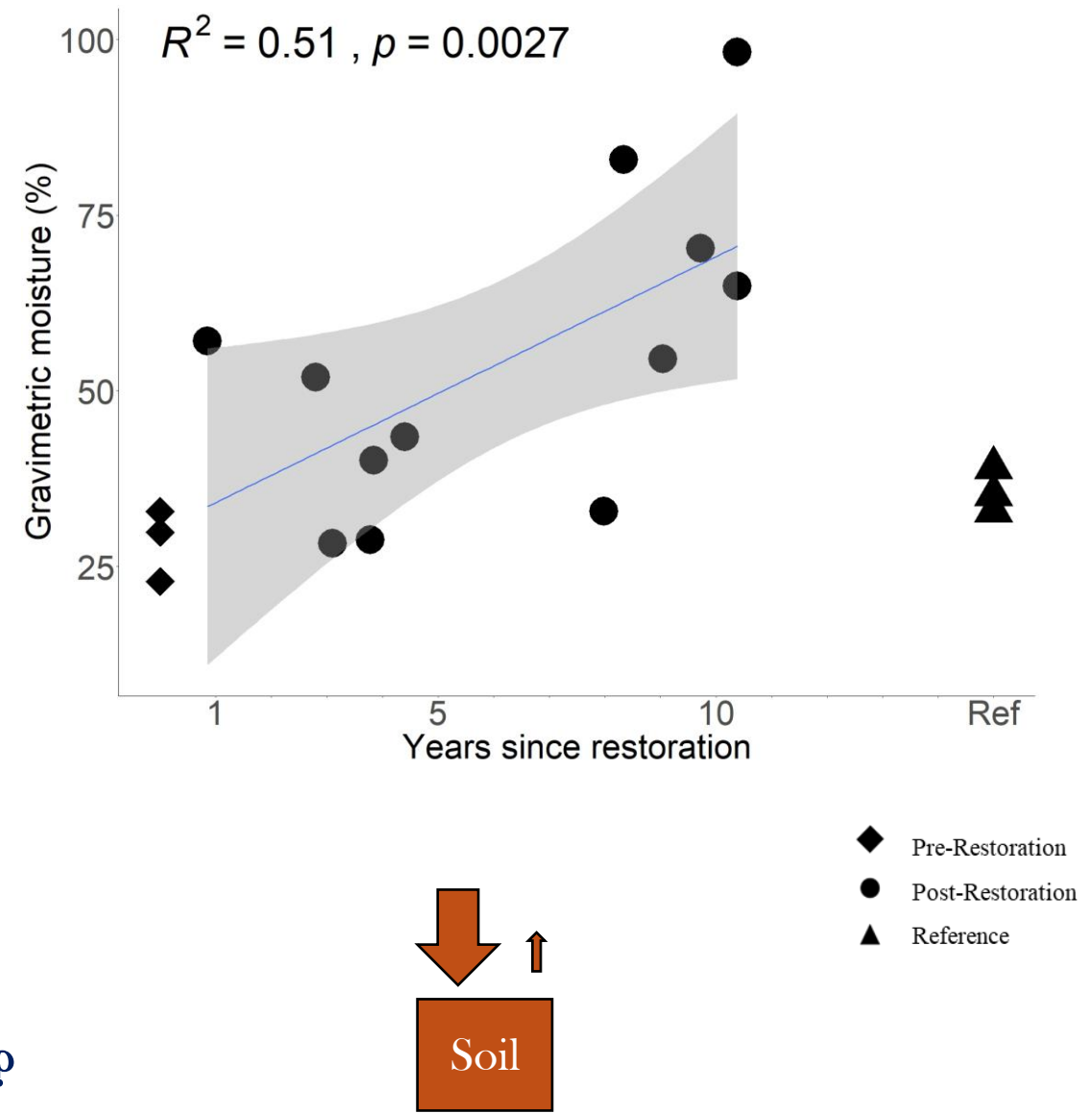
# Key Results - Soil Moisture and OM Influence C-N-P retention

| Variable         | Top-ranked Model | K | AICc    | W    | p-value  | R <sup>2</sup> |
|------------------|------------------|---|---------|------|----------|----------------|
| TC               | Soil Moisture    | 3 | 54.87   | 0.58 | <0.001 * | 0.74           |
| TN               | OM               | 3 | -68.60  | 0.72 | <0.001 * | 0.91           |
| TP               | OM               | 3 | -40.86  | 0.78 | <0.001 * | 0.86           |
| C Turnover       | D50              | 3 | -604.27 | 0.92 | <0.001 * | 0.56           |
| EPC <sub>0</sub> | Soil pH          | 3 | -73.52  | 0.71 | 0.005 *  | 0.40           |

# Key Results Summarized

- TC, TN, and TP all **increased** with time since restoration
  - As did soil moisture, a key secondary driver
- Rates of carbon turnover **decreased** with time since restoration
- $EPC_0$  **cannot be predicted** using time since restoration
  - Floodplain soils **did not saturate** with  $PO_4$  over time
- Increased soil moisture promotes storage...

...but to what extent?



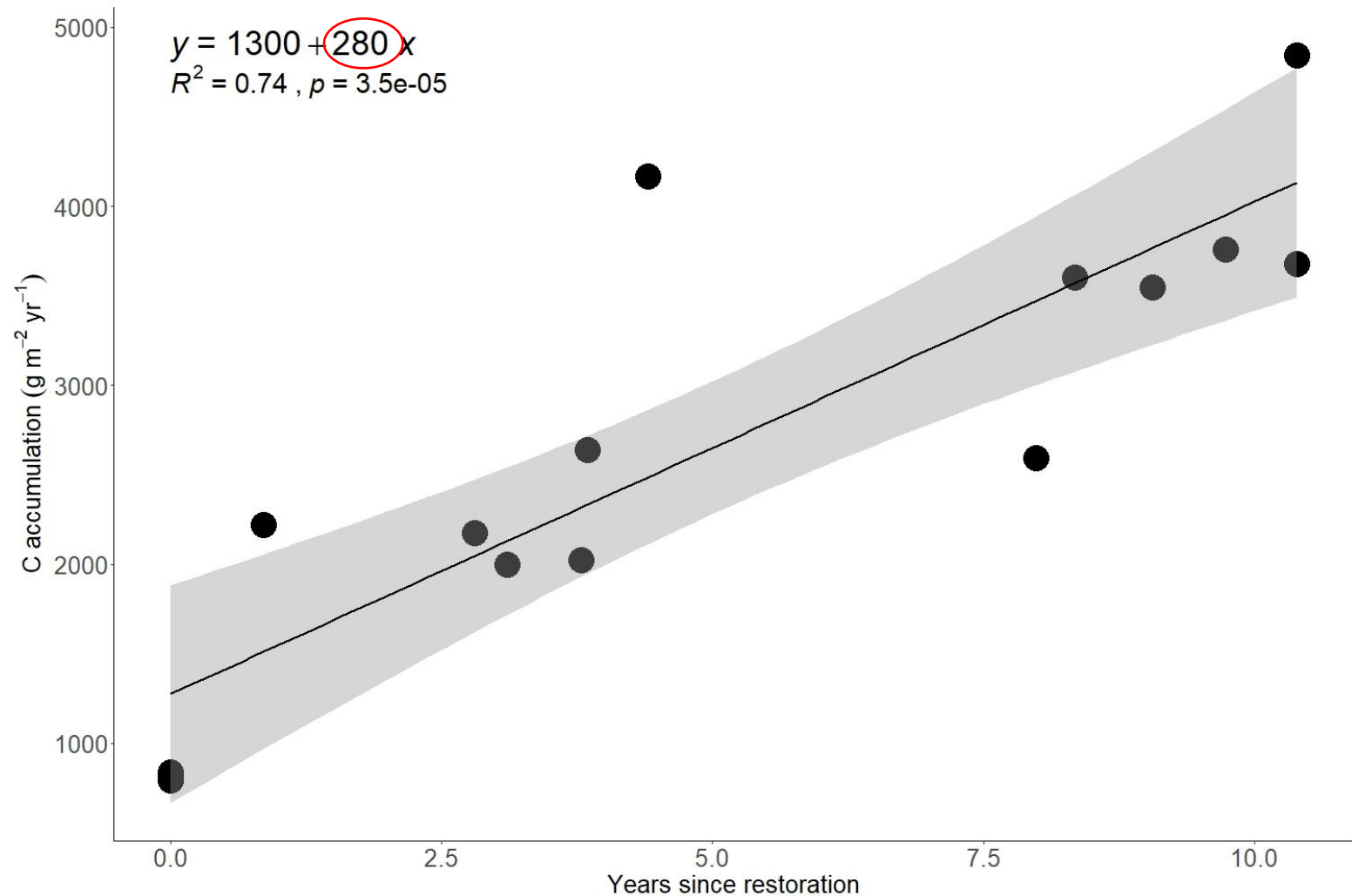


# Extrapolating Accumulation Rates

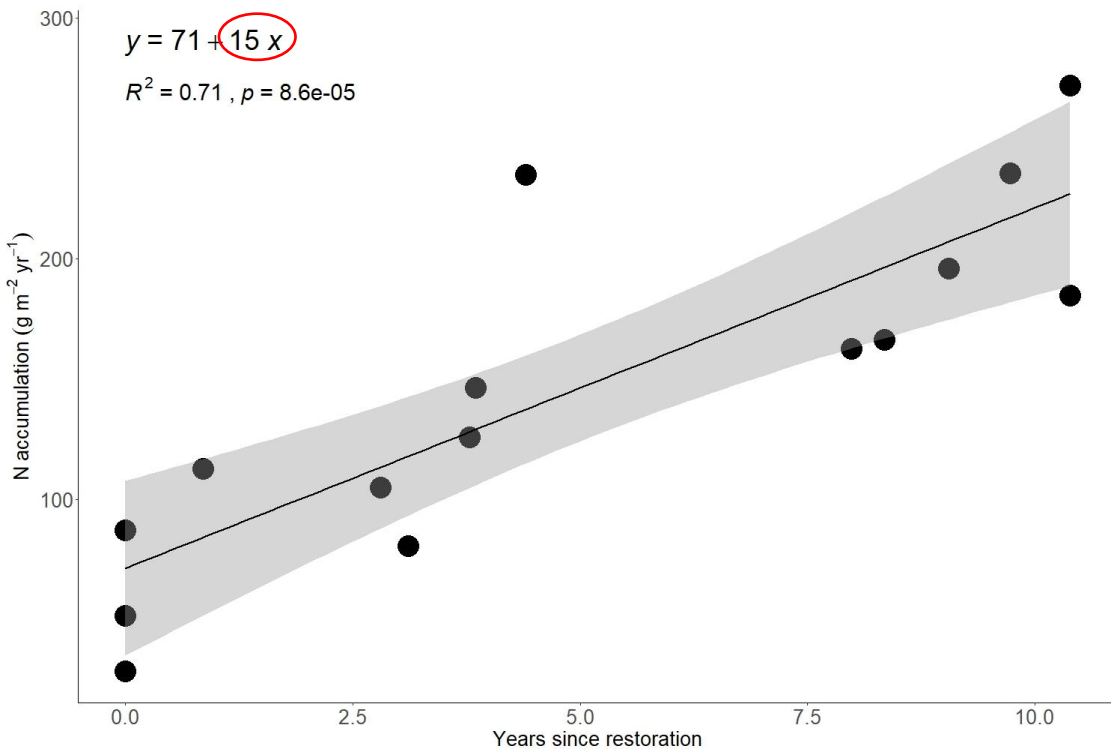
→ Depth x Bulk Density x TC = g C m<sup>-2</sup>

→ Regressions along time since restoration to get g C m<sup>-2</sup> yr<sup>-1</sup>

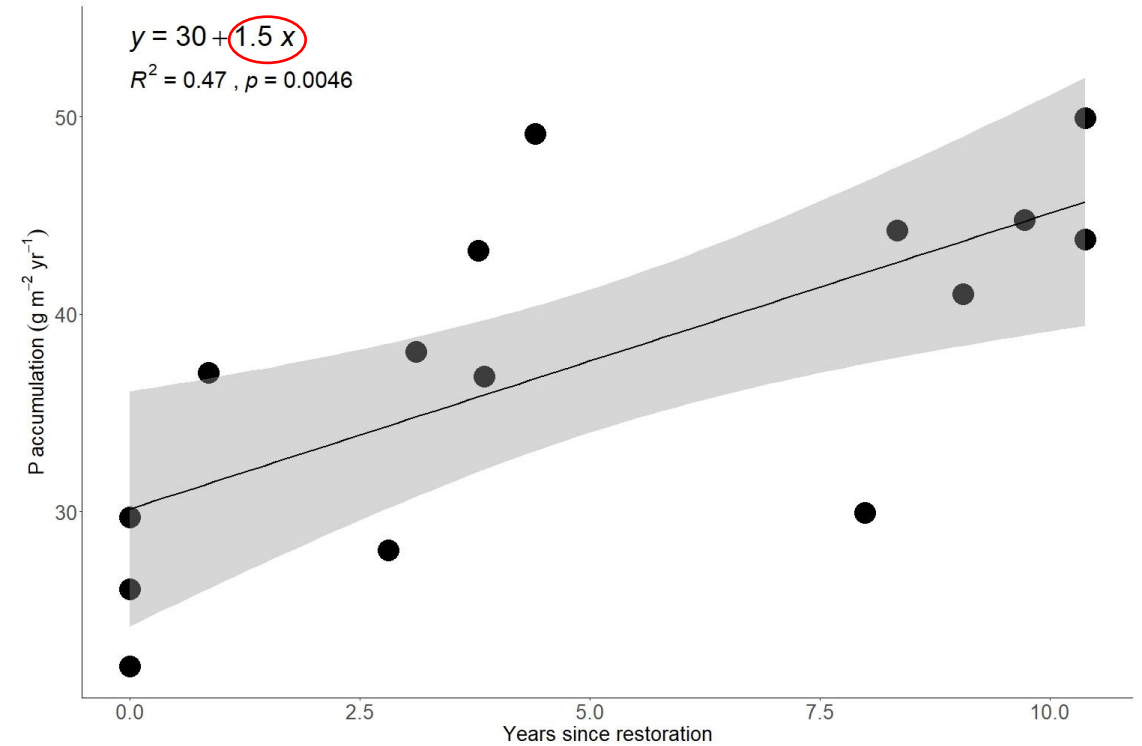
For carbon accumulation, we see rates of 280 g C m<sup>-2</sup> yr<sup>-1</sup>



# Extrapolating Accumulation Rates



For nitrogen accumulation, we see rates of  $15 \text{ g N m}^{-2} \text{ yr}^{-1}$



For phosphorus accumulation, we see rates of  $1.5 \text{ g P m}^{-2} \text{ yr}^{-1}$



|                        | Wetland Type                        | TC<br>g m <sup>-2</sup> yr <sup>-1</sup> | TN<br>g m <sup>-2</sup> yr <sup>-1</sup> | TP<br>g m <sup>-2</sup> yr <sup>-1</sup> |
|------------------------|-------------------------------------|------------------------------------------|------------------------------------------|------------------------------------------|
| <b>This Study</b>      | <b>Alluvial Restored Floodplain</b> | <b>280</b>                               | <b>15</b>                                | <b>1.5</b>                               |
| Brinson et al. (1980)  | Alluvial Floodplain                 | 278                                      | 7.3                                      | 0.5                                      |
| Craft and Casey (2000) | Blackwater Floodplain               | 18-107                                   | 1.4-8.0                                  | 0.1-0.8                                  |
| Gordon et al. (2020)   | Average 40 Floodplains              |                                          | 20                                       | 2.1                                      |
| Johnston et al. (2001) | Alluvial Floodplain                 |                                          | 12.8                                     | 2.6                                      |
| Johnston (1991)        | Mineral Soil Wetlands               |                                          | 14.6                                     | 1.5                                      |
| Kuenzler et al. (1980) | Alluvial Floodplain                 | 37                                       |                                          | 0.1-0.3                                  |
| Mitsch et al. (1979)   | Alluvial Floodplain                 |                                          |                                          | 3.6                                      |
| Noe and Hupp (2005)    | Connected Floodplains               | 74-212                                   | 4.2-13.4                                 | 0.4-4.1                                  |
| Noe and Hupp (2005)    | Disconnected Floodplains            | 61-74                                    | 3.5-4.8                                  | 0.2-0.4                                  |
| Ricker et al. (2012)   | Headwater Floodplains               | 10-260                                   |                                          |                                          |



# Conclusions

- → Stream restoration can be considered **successful** with the lens of improved **water quality** through **increased nutrient retention**, as well as carbon sequestration goals
- → These floodplains are functioning akin to larger, natural floodplains.
- → In **disturbed** landscapes, **restored** floodplains can function **better** than high quality **unrestored** floodplains.



# Acknowledgements



**FAIRFAX COUNTY**  
**PARK AUTHORITY**

Truro Homes Association



**POPLAR HEIGHTS**  
RECREATION ASSOCIATION



*This work was supported by USGS Chesapeake Bay Activities*

# Contextualizing “Reference” Sites in an Urban Stream Network

- Reference sites with low ISC were more similar to unrestored disturbed sites than sites restored 10+ years ago
  - Less retention of C-N-P, and higher normalized efflux rates
- Legacy sediment
  - Colonial burial of floodplains
  - Disconnection of banks

No equivalent “undisturbed stream sites”





# Stream Restoration and Invasive Species

→ Stream Restoration causes disturbance to the existing landscape

→ Soil Disturbance (compaction, regrading)

→ Increased space availability (denuded surfaces)

→ Increased light availability (loss of canopy cover)

→ Streams act as vector for seeds

→ However...

→ Existing habitat may not reflect historic ecosystem (upland species)

→ Urban Stream Syndrome degrades existing habitat continually

→ Mitigation methods necessary (light management, nutrient management, biodiversity support)



*Article*

## Drivers of Plant Invasion in Stream Restoration

Douglas A. DeBerry <sup>1,\*</sup> and Dakota M. Hunter <sup>2,†</sup>

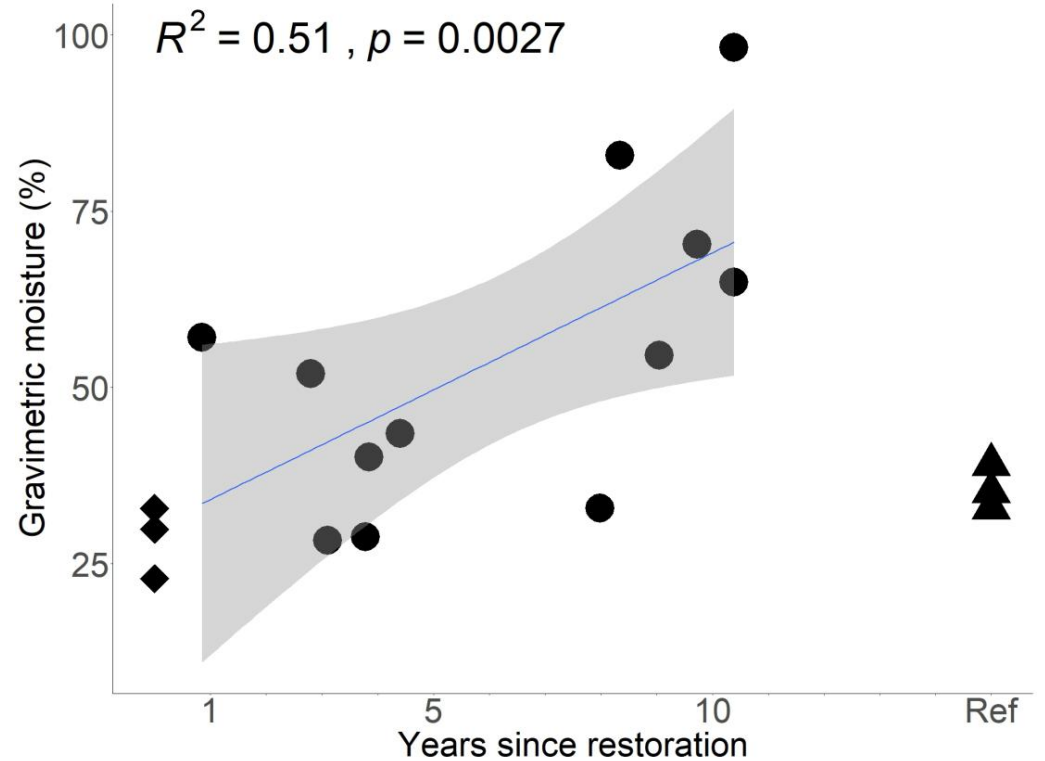
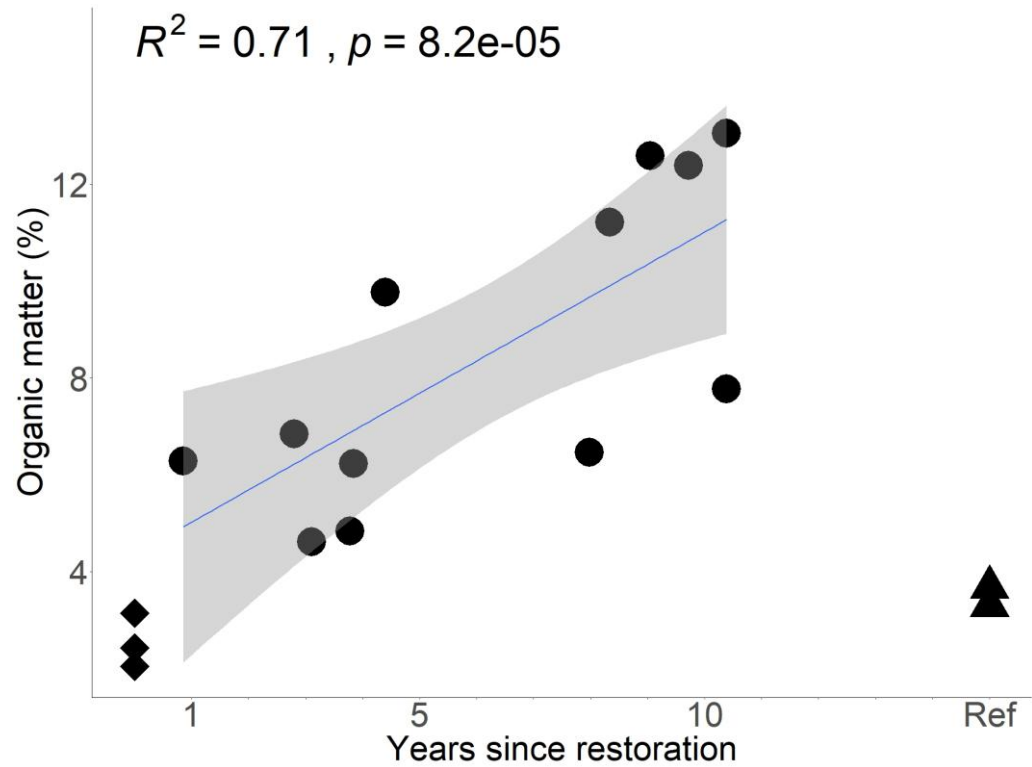
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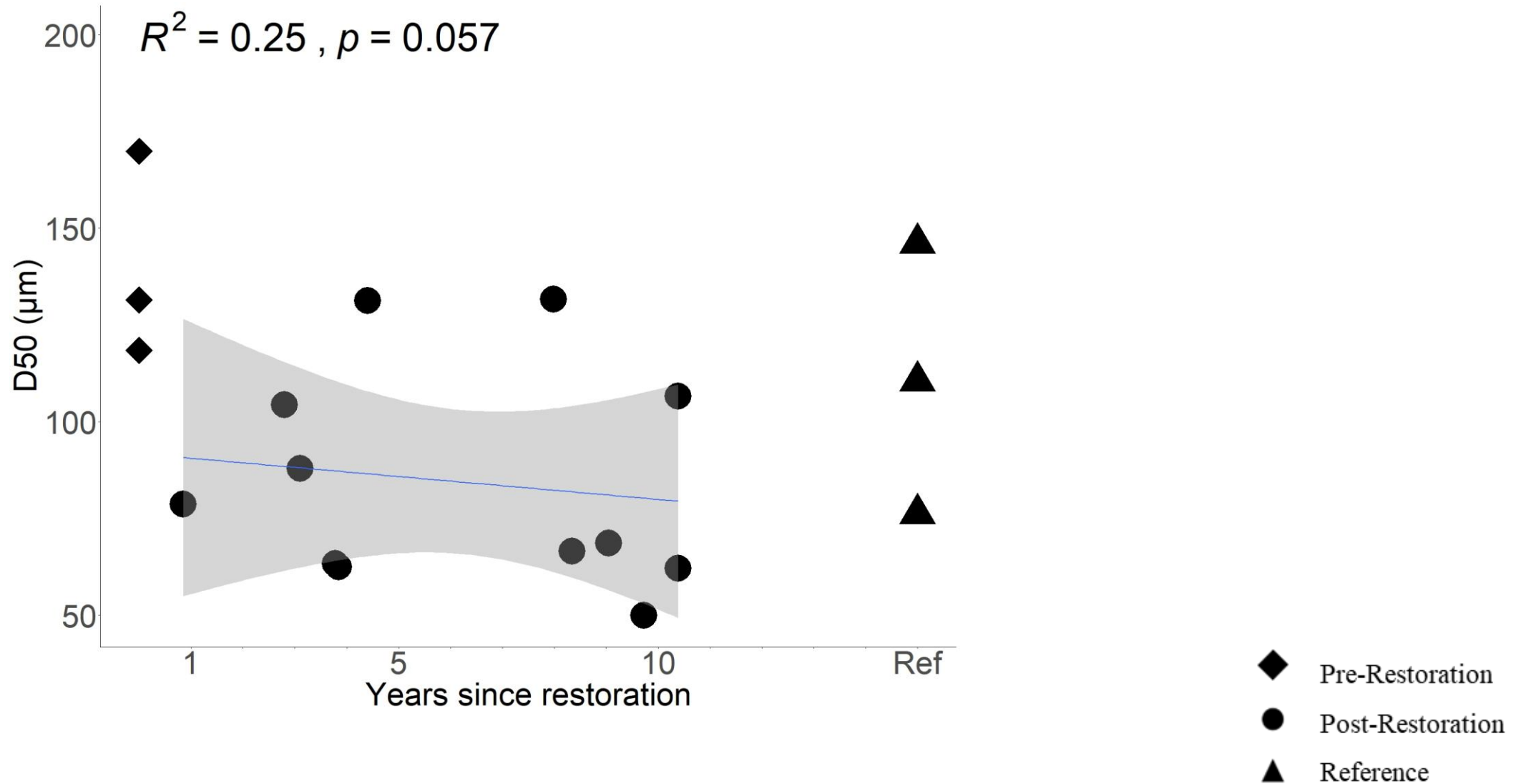
# Secondary Drivers- Organic Matter and Soil Moisture



- ◆ Pre-Restoration
- Post-Restoration
- ▲ Reference



# Carbon Turnover Rates Correlated with D50



# Equilibrium Phosphorus Concentration Related to Soil pH

